



AARWhy

Facilitation Skills

AARWhy Facilitation Skills provides expert tuition on facilitating individual and team learning through questioning and listening with practical experience essential to personal learning.

AARWhy builds on the principals which were embedded into the first AAR training day. AARWhy will guide you through a series of techniques and behaviours in a four hour morning workshop. It is a small group and the learning will be personal and powerful. This first part of the day will be followed by an afternoon of practical experiences as you join delegates on the AAR*Actual* course as their facilitator as they experience their AAR simulations.

You will have an opportunity to explore your learning and development with the course facilitators. You will also have an opportunity to return and facilitate on further AAR training days.

Past delegates from AARWhy have reported many benefits from attending the course, these include;

- A deeper level of understanding and confidence to run an AAR,
- An increased proficiency in facilitating learning across many areas of work – not just AAR
- Improved leadership skills for problem solving



- A much calmer approach to “heated” situations, allowing a more positive response to be taken.
- Greater understanding of techniques to support and listen to patients and staff.

If you are interested in AARWhy ask yourself some searching questions about what were your key learnings from AAR*Actual*, learnings about yourself, your team, leadership, communication and teamwork. Have you watched your DVD? Would you like to watch with one of the team? The conductor training process for AAR*Actual* offers you an opportunity to learn a great deal about yourself and AARWhy continues this theme.

If you are interested in developing further please do not hesitate to get in touch, we would welcome a discussion on your learning and your future growth.

// Very well organised.
Very good content.
Improved my group skills,
and I would recommend
to other people. //

// It was a very exciting
stimulating, entertaining
and instructive day. //

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Hosted by UCLH, serving all

