A curriculum-based course in IBD for medical and surgical GI trainees and other health care professionals
COURSE INFORMATION

We are pleased to invite you to register for a comprehensive course in Inflammatory Bowel Disease (IBD) to be held at the UCH Education Centre (www.ucheducationcentre.org) from 26th to 28th March 2012. The aim of the course is to provide a strong foundation of knowledge in IBD, which future gastroenterologists and allied health care professionals can use as a springboard to becoming specialists within this field.

Learning objectives for the 3 day course

By the end of the course you will:

- Have a comprehensive clinical knowledge of the pathways involved in the diagnosis, investigation and management of patients with IBD.
- Be able to identify all the major areas within the Joint Royal College of Physicians Training Board (JRCPTB) curriculum, which have been covered within the course and apply them to your own clinical practice and patients.
- Have the confidence to be able to contribute to the development of IBD service within your own hospitals
- Have a good breadth of knowledge into the science underpinning IBD research today, as well as have an important insight into research technologies and landmark papers have shaped our understanding of IBD to date (for delegates on Day 3 of the course)

Delegates undertaking all three days of the course and a related course assessment will be in a position to count the course as a module of a formal UCL postgraduate programme in Digestive Health leading to a Masters degree.

DAY 1: MONDAY, MARCH 26, 2012

0815-0845 Registration/Coffee
0850-0900 Introduction and course overview: Dr Stuart Bloom (UCLH)

Session 1: Diagnostics, Investigation and Surveillance of IBD
Chairs: Dr Stuart Bloom/Dr Andrew Robinson

0900-0925 Epidemiology of IBD: Presentation, probabilities and predicting progress: Dr Stuart Bloom (UCLH)
0925-0950 Radiology and IBD: Professor Stuart Taylor (UCLH)
0950-1015 Histology of IBD: Professor Marco Novelli (UCLH)
1015-1040 IBD and Lifestyle: Dr Andrew Robinson (Hope Hospital)
1040-1100 Coffee / Tea
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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter &amp; Institution</th>
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<tbody>
<tr>
<td>11:00-11:25</td>
<td>Cancer and IBD: The size of the problem / what can we do about it?</td>
<td>Dr Matt Rutter (University Hospital of North Tees)</td>
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<td>11:25-11:50</td>
<td>When the water is muddy: Infections and IBD</td>
<td>Professor Peter Chiodini (UCLH)</td>
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<td>11:50-12:15</td>
<td>Nutrition in IBD:</td>
<td>Professor Alastair Forbes (UCLH)</td>
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<td>12:15-13:15</td>
<td>Lunch</td>
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<tr>
<td>13:15-13:40</td>
<td>Drug delivery systems &amp; Topical treatments:</td>
<td>Dr Stuart Bloom (UCLH)</td>
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<td>13:40-14:05</td>
<td>Steroids and 5-ASAs – yesterday’s drugs?:</td>
<td>Dr Tim Orchard (Imperial)</td>
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<td>14:05-14:30</td>
<td>Immunomodulators:</td>
<td>Dr Jeremy Sanderson (Guys, Kings, St Thomas)</td>
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<td>14:30-14:55</td>
<td>Biologics: established &amp; emerging treatments:</td>
<td>Dr James Lindsay (Barts and the London)</td>
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<td>14:55-15:20</td>
<td>Drug side effects – and how to minimise them:</td>
<td>Dr Mark Hamilton (Royal Free Hospital)</td>
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<td>15:20-15:40</td>
<td>Coffee / Tea</td>
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<td>15:40-16:05</td>
<td>IBD patients under the knife: What operations and when?</td>
<td>Mr Alastair Windsor (UCLH)</td>
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<td>16:05-16:30</td>
<td>The management of Perianal Crohn’s:</td>
<td>Mr Richard Cohen (UCLH)</td>
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<td>16:30-17:00</td>
<td>Closing summary/Quiz</td>
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<td>17:30/18:30</td>
<td>Drinks/Course Dinner</td>
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**DAY 2:**  
**TUESDAY, MARCH 27, 2012**

**Session 4:** Questions (and answers) in day to day management of IBD  
**Chairs:** Dr Sara McCartney/Dr Jon Shaffer

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<thead>
<tr>
<th>Time</th>
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<th>Speaker(s)</th>
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<tbody>
<tr>
<td>0845-0910</td>
<td>Management pathways in IBD Crohn’s disease:</td>
<td>Dr Peter Irving (Guys, Kings, St Thomas)</td>
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<td>0910-0935</td>
<td>Ulcerative colitis:</td>
<td>Dr Jon Shaffer (Hope Hospital)</td>
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<td>0935-0955</td>
<td>Managing IBD in adolescence:</td>
<td>Dr Sara McCartney (UCLH)</td>
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<td>0955-1015</td>
<td>Functional symptoms in IBD:</td>
<td>Dr Anton Emmanuel (UCLH)</td>
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<td>1015-1035</td>
<td>Short bowel patients:</td>
<td>Professor Alastair Forbes (UCLH)</td>
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<td>1035-1050</td>
<td>Coffee / Tea</td>
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<td>1050-1110</td>
<td>Bloody diarrhoea in IBD: Is it something else?:</td>
<td>Dr Roser Vega (UCLH)</td>
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<td>1110-30</td>
<td>IBD associated arthropathy:</td>
<td>Dr Charles Murray (Royal Free Hospital)</td>
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<td>1130-50</td>
<td>IBD and the liver:</td>
<td>Dr George Webster (UCLH)</td>
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<td>1150-1210</td>
<td>Bones, Vitamin D and IBD:</td>
<td>Dr Ailsa Hart (St Marks Hospital)</td>
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<td>1210-30</td>
<td>The acute colitic:</td>
<td>Dr Jon Shaffer (Hope Hospital)</td>
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<td>1240</td>
<td>Lunch</td>
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**Session 5:** Setting up an IBD service (Group work)  
**Chairs:** Dr Gavin Johnson/Dr Keith Bodger

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<tr>
<td>1330-1400</td>
<td>IBD economics: Who pays for treatments and how much do they cost?:</td>
<td>Dr Keith Bodger (Aintree Hospital)</td>
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1400-1450  Setting up an IBD service – group work

Session 6:
Chairs: IBD in practice: Questions and Answers
Dr Elspeth Alstead/Dr Clive Onnie

1450-1510  Iron and IBD: Dr Clive Onnie (Whittington Hospital)

1510-1530  Coffee / Tea

1530-1550  The role of IBD specialist nurse?:
Miss Lucy Medcalf (UCLH)

1550-1610  Pregnancy and IBD: Dr Elspeth Alstead (Whipps Cross Hospital)

1610-1635  Gaps in IBD Management: The patients perspective
Mr Richard Driscoll (Crohn’s and Colitis UK)

1635-1655  Goals of treatment: Mucosal healing. Dr Stuart Bloom (UCLH)

1655-1700  Closing Remarks

DAY 3:
WEDNESDAY, MARCH 28, 2012:  IBD Science Day

Session 7:
Chairs: The pathogenesis of IBD
Professor Jon Rhodes/Professor Chris Hawkey

0900-0930  Crohn’s Disease:  Professor Jon Rhodes (Royal Liverpool)

0930-1000  Ulcerative Colitis:
Professor Chris Hawkey (Queens Medical Centre)

Session 8:
Chairs: Research Strategies in IBD: What insights to do they provide?
Professor Tony Segal/Dr Andrew Smith

1000-20  Family and twin studies: Dr Miles Parkes (Addenbrookes Hospital)

1020-40  Linkage studies to Genome wide association studies (GWAS):
Dr Miles Parkes (Addenbrookes Hospital)

1040-1110  Coffee / Tea
1110-1150  New research strategies in IBD: what are they and what do they tell us? (10 minutes each)
Transcriptomics: Dr Andrew Smith (UCL)
Lipidomics: Dr Gavin Sewell (UCL)
Proteomics: Dr Claire Mulvey (Cambridge University)
Animal studies: Dr Nuala O’Shea (UCL)

1150-1220  “The rise of innate immunity in IBD – and interactions with the adaptive immune system”: Dr Andrew Smith (UCL)

1220  Lunch

Chairs:  Professor Jon Rhodes/ Professor Chris Hawkey

1315-1345  Landmark IBD Scientific papers that have changed practice:
Professor Jon Rhodes (Royal Liverpool University Hospital)

1345-1415  Landmark IBD Clinical papers that have changed practice:
Professor Chris Hawkey (Queens Medical Centre, Nottingham)

1415-1500  Debate: Bacteria vs. the Immune system in Crohn’s disease
For bacteria: Professor Jon Rhodes (Royal Liverpool)
For immune system: Professor Tom MacDonald (Barts & the London)

1500-1530  Clinical trials in IBD – past, present and future:
Dr Tim Orchard (Imperial)

1530-1600  Coffee / Tea

Session 10:  Your involvement in IBD and Science: advice from academics
Chairs:  Professor Tony Segal/ Professor Raymond Macallister

1600-1620  Getting involved: Dr Philip Smith (UCL)
1620-1640  Getting funding: Professor Raymond Macallister (UCL)
1640-1700  Publishing your work and closing remarks:
Professor Tony Segal (UCL)

1700  Close/Summary
A three day course to provide a strong foundation of knowledge in IBD, which future gastroenterologists and allied health care professionals can use as a springboard to become specialists within this field. Delegates who undertake all three days of the course and a related course assessment will be in a position to count the course as a module of a formal UCL postgraduate programme in Digestive Health leading to a Masters degree.

APPLICATION FORM

(Please tick requirement)

GI/surgical trainees:
I would like to attend Days 1 and 2  [ ] Cost: £190.00 for 2 days
I would like to attend all 3 days  [ ] Cost: £260.00 for 3 days

Allied health professionals:
I would like to attend Days 1 and 2  [ ] Cost: £150.00 for 2 days
I would like to attend all 3 days  [ ] Cost: £200.00 for 3 days
I would like to attend the course dinner  [ ]

Title: ______________________  First Name: ______________________  Surname: ______________________

Current position: ______________________  Hospital: ______________________

Address for correspondence: ______________________

Post code: ______________________

Mobile: ______________________  Email: ______________________

If paying by cheque please make it payable to: UCLH Charity 1173
Address: D. Mathias, IBD Course Secretary, 7 Treherne Road, London SW14 8PD
Tel: 020 8876 6317  Fax: 020 8878 1606  Email: mathiasd@globalnet.co.uk

If you wish to make payment by bank transfer please quote: Attendee’s surname and use the following bank details:
Bank name: Coutts & Co
Account name: University College London Hospitals Charities
Sort code: 18-00-02 BIC: COUTGB22
Account no: 08324530 IBAN: GB40COUT18000208324530

Cancellation charges: > 4 weeks’ notice 100% refund
< 4 weeks’ notice 50% refund

(Office use only)
Course Organisers:
Dr Stuart Bloom
Dr Philip Smith
Dr Gavin Johnson

For further information please contact:
Diane Mathias
tel: 020 8876 6317 | mob: 07904 223303
e-mail: mathiasd@globalnet.co.uk

Further information will also be posted on the website: www.ucheducationcentre.org/ibd